

Kinesiology

At UW-Eau Claire

Whether your interests are in personal fitness, athletic training, coaching, teaching, health and wellness, or one of our pre-professional programs (cardiac rehabilitation or physical therapy to name a few), kinesiology has something for everyone interested in the study of human movement. A degree in kinesiology at UW-Eau Claire will address the biological, psychological, social and environmental factors that influence an individual's capacity to lead a healthy lifestyle.

Outstanding pre-professional experiences

Students can participate in a wide variety of pre-professional experiences such as student-faculty collaborative research; job shadowing and mentoring with area professionals; K-12 field experiences; coaching and human performance apprenticeships; regional professional meetings and workshops; clinical experiences and workshops for certifications and licensures; and community fitness programs; including one for kids and adults with disabilities.

Great facilities

The McPhee/Olson Physical Education Center is an outstanding facility with six gymnasiums, including an indoor 200-meter track, a competition-size swimming pool, eight racquetball courts, spacious weight training and fitness center, sports medicine/athletic training room, dance studio, human performance laboratory and computer laboratory. Outdoor facilities include a 400-meter track, tennis courts, and jogging and fitness trails.

Capstone opportunities

Majors provide capstone experiences, including internships or student teaching experiences.

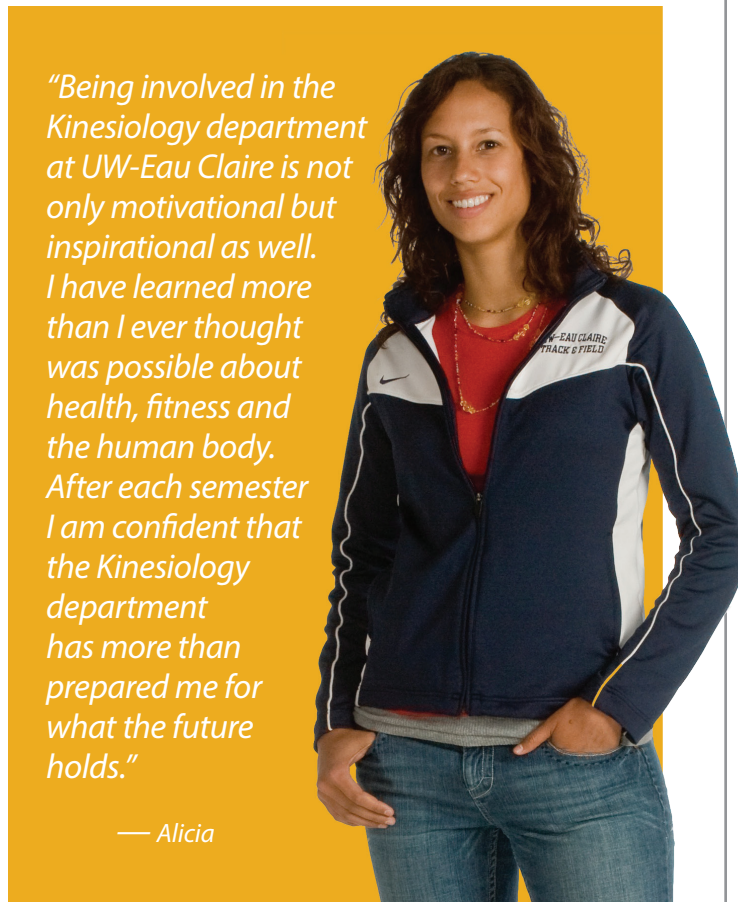
Research experience

The Journal of Undergraduate Kinesiology Research is published by the Kinesiology department. The peer-reviewed journal was founded for the purpose of publishing undergraduate student research and to provide undergraduate students with valuable experience

in the peer-review and publication process.

Unique advantage

You will benefit from the low student-to-faculty ratio and the department's family-type atmosphere. In addition, few other schools can match the strong and varied clinical education component of this major. The outreach and research opportunities give our graduates a strong advantage.



"Being involved in the Kinesiology department at UW-Eau Claire is not only motivational but inspirational as well. I have learned more than I ever thought was possible about health, fitness and the human body. After each semester I am confident that the Kinesiology department has more than prepared me for what the future holds."

— Alicia

Our graduates

Kinesiology grads hold positions as teachers, coaches and exercise/wellness practitioners. Careers are available in the fitness industry, employee wellness programs, community health education and hospital settings. Many go on to graduate school in such

disciplines as cardiac rehab, chiropractic, adaptive PE, and physical and occupational therapy.

Places our grads go:

- *Personal Trainer/Group Fitness Instructor*, The Marsh, Minnetonka, MN
- *Cardiovascular Assistant*, St. Cloud Hospital, St. Cloud, MN
- *After-school Site Supervisor*, Oconomowoc Town and Country YMCA, Oconomowoc, WI
- *Exercise Physiologist*, Fitcorp Healthcare, Boston, MA

Majors

Kinesiology

Athletic Training (see separate Fact Sheet)

Areas of emphasis

Movement Studies (standard liberal arts major; requires a minor outside of department)

Teaching Early Childhood through Adolescence Physical Education

Sport Pedagogy

Human Performance: areas of specialization include Sport Performance, Fitness Management, Health Promotion and Pre-Professional, (see separate Fact Sheet)

Minors

Science of Coaching

Adaptive Physical Education

Kinesiology

Suggested freshman curriculum

Courses taken freshman year will depend on the emphasis you've chosen.

Those taken by all the emphases include:

Concepts in Kinesiology

University writing requirement — depending on placement exam.

For test-out options, see uwec.edu/Blugoldseminar/testout.

Others include:

Physical Science

Human Nutrition

General Chemistry

Finite Mathematics with Applications

General electives

Accreditation

Accredited by Commission on Accreditation of Athletic Training Education and (for the education emphasis), Department of Public Instruction

The Power of

AND

What will your **AND** be?
Be a Blugold and find out!

KINESIOLOGY

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Michelle Mattes, 715-836-3404 • www.uwec.edu/kin

visit

www.uwec.edu/admissions

note:

Special admission requirements

Refer to the UW-Eau Claire Catalog, check out the kinesiology Web site or contact the Kinesiology department for detailed admission requirements. Admission is competitive, and resources available limit the number of students admitted to the programs.

www.uwec.edu/kin